Student-Athlete Handbook 2019-2020

Kutztown University

It’s Good to be Golden!
Kutztown University Athletics

The Student-Athlete Advisory Committee (SAAC) welcomes you to Kutztown University. Our organization truly understands the athletic and academic demands which are placed upon student-athletes throughout their college careers. We also realize how very important it is to have a successful start at Kutztown University. Because of this, the Student-Athlete Handbook was created. Its purpose is:

- to assist the student-athlete,
- to promote future excellence,
- to help you meet the challenges that lie ahead of you on your educational and athletic journeys.

Inside the Student-Athlete Handbook, you will find:

- Useful information on financial aid, registration and other academic processes.
- Important phone numbers
- Information on support services, such as sports medicine and sports information.
- Note: additional contact information can be found on www.KUBears.com

The SAAC was developed to provide student-athletes a unified voice by which they could have some influence on the events and situations that affect their daily lives. Our committee acts as a liaison to the athletic staff and the Kutztown University community by offering information on specific needs and accomplishments of Kutztown University student-athletes. Two members of Kutztown University’s SAAC meet semi-annually with the Pennsylvania State Athletic Conference (PSAC) SAAC to discuss issues involving the entire conference. Currently, we have two to three representatives from each of the 21 varsity sport teams offered at Kutztown University.

The primary function of SAAC is to take the concerns and needs of the student-athlete and decide what actions will serve them best. This is achieved by having separate sport representatives collect the thoughts of their teammates and present them to Council for consideration. The process above only works with your cooperation.

We wish you good luck and hope your college experience is a positive one.

Student-Athlete Advisory Committee
# TABLE OF CONTENTS

## ATHLETIC DEPARTMENT INFORMATION
- Athletic Department Mission/Vision Statement .................................................. 4
- Financial Aid ........................................................................................................... 5
- Practice/Competition Regulations ......................................................................... 6
- Academic Policies ................................................................................................. 6-9
- Transfer Policy ...................................................................................................... 10
- Behavioral Expectations of Student-Athletes ...................................................... 11-12
- Career Development Center .............................................................................. 13-14
- NCAA Banned-Drug Class Information .............................................................. 15-18
- Academic Support ............................................................................................... 19-20
- Sports Medicine ................................................................................................. 21-22
- Coaching Evaluations & Senior Exit Survey ...................................................... 23
- Equipment Policies ............................................................................................. 23-24
- Sports Information ............................................................................................. 24-25

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*Kutztown University does not discriminate in employment or educational opportunities on the basis of gender, race, ethnicity, national origin, age, disability, religion, sexual orientation, gender identity, or veteran status.

*This is not the official NCAA Rules or Campus Policy. The NCAA Handbook and Kutztown University Key supersedes all material in this handbook. See your Coach or Athletic Director for the official policies. In accordance with the Equity in Athletics Disclosure Act of 1994 section 360B of Pub. L. 130-382, the Kutztown University Athletic Department has made information concerning its intercollegiate athletics programs available to the public. This information is on file in the Rohrbach Library, at the Athletic Department main office, or on the KU athletics Web site. Any questions*
Kutztown University Intercollegiate Athletics Mission Statement

To promote student-athlete development through education and athletic competition; to stimulate values so participants can become active global citizens; to achieve excellence in which the University and community take pride. To prepare students to meet lifelong intellectual, ethical, social, and career challenges.

Vision Statement

To instill love, passion & pride of the university in all athletes. To compete at the highest level in all sports ultimately achieving to be the best in the PSAC & within our region. Aspiring to be a regional center of excellence providing opportunities for advanced academic and athletic experiences, within a caring community, designed to promote success in a global society.

Expectations:

Graduate a high rate of student-athletes.
This is the ultimate goal of the athletic department. The standard will always be to graduate the student-athletes at a higher rate than the general student body.

Be as successful as their resources allow.
Based on personnel and resources, the intercollegiate athletic teams will pursue the highest level of success possible. It is understood that personnel, operating budgets, scholarships budgets and physical resources play a large role in determining the success of the athletic programs.

Operate with integrity.
There is no athletic outcome that justifies the violation of any institutional, conference, or NCAA rule or regulation. The NCAA principles of sportsmanship, ethical conduct, amateurism and rules compliance are paramount.

Enhance the educational experience of the student-athlete.
A student-athlete’s value structure is further developed through his/her experience as a collegiate student-athlete. Values such as teamwork, leadership, commitment, sacrifice and perseverance can be developed and enhanced as the result of a student-athletes experience.

Represent the institution in a positive manner.
The department of athletics is the ‘Front Porch’ of the university. The first reflection of the reputation of the university is largely portrayed by the actions of the Department of Athletics. It is vital that the programs represent the institution in a positive manner on and off the playing field.

Produce contributors to society
The true measure of success of an athletic department is how productive the student-athletes become once they graduate from that experience. Producing contributors during and after their collegiate experience is vital to the mission.
FINANCIAL AID

The Kutztown University Financial Aid Office is committed to helping students find solutions to higher education financing. The office is located in room 209 of the Stratton Administration Center and can be reached by phone at (610) 683-4077.

Kutztown University’s Financial Aid Office is committed to the philosophy that no eligible student should be denied the opportunity for a post-secondary education resulting from lack of adequate financial resources. A basic principle of aid is that the primary responsibility for educational costs must be assumed by the family, including the student. The family's resources, both the parents’ and the student’s, are computed in a federal formula to calculate an overall family contribution toward meeting educational costs. Aid from federal, state, private and institutional sources may assist in meeting educational expenses to the extent that funds are available.

Major functions of the Financial Aid Office include processing aid application information for the purpose of delivering federal Title IV and state aid to eligible students, administering institutional and private aid, and counseling students and families about the aid process. This assists in the university’s efforts to provide access, recruit and retain students.

APPLICATION PROCESS

Complete the Free Application for Federal Student Aid (FAFSA) by the February 15th priority filing deadline in order to be considered for all forms of financial aid offered at Kutztown University. File the FAFSA online at the U.S. Department of Education’s free official website www.fafsa.gov. KU’s Title IV federal school code is 003322.

The Financial Aid Office will automatically certify a Federal Direct Stafford loan for students who complete a FAFSA and are eligible. The student will need to go to www.studentloans.gov to (1) complete entrance counseling and (2) sign a master promissory note in order for the funds to come to the university.

Other loan programs include the Federal Direct PLUS loan for parent borrowers and nonfederal alternative loans for students who have a creditworthy cosigner. Details are available on www.elmselect.com. KU also offers a variety of payment plans using Tuition Pay through Sallie Mae. More information about payment plans is on the Bursar Office’s website.

FILING DEADLINES

The FAFSA needs to be filed every year for the upcoming academic year.

January 1 – Earliest date to file FAFSA for upcoming academic year.
February 15 – KU’s priority filing deadline to be considered on time in applying for Kutztown University-based scholarships and high-need campus-based aid (Perkins loan and SEOG Grant)
May 1 – Pennsylvania (PHEAA) State Grant filing deadline

QUALIFYING FOR AID EVERY YEAR

In addition to filing the FAFSA every year, the student will need to maintain satisfactory financial aid progress. At the conclusion of each period of enrollment, the student must successfully complete two-thirds (.6666) of their total cumulative credits attempted and have a minimum 2.0 GPA overall. The complete financial aid progress policy is available on the Financial Aid Office website.
Scholarships in Athletics

Basic Policy for the Awarding of Athletic Scholarships - Kutztown University provides athletic scholarships to support the academic pursuits of its student-athletes. Students are expected to participate in sports because they love to do so.

This means that money provided for student-athletes in the form of athletic grants-in-aid is to support their pursuit of an education, not to support their participation in a sport. The intent of this policy is to spend our valued scholarship dollars on students who are using them for the purpose intended — their education, while pursuing their particular sport(s) with passion.

All funds for scholarships to student-athletes are generated from fund-raising efforts by the Kutztown University athletic department, the Student Government Association and the Kutztown University Foundation. There are a variety of scholarships available to both new and continuing student-athletes in all the varsity sports at Kutztown University. Inquire with coaches for more information. The renewal and/or cancellation of Athletic Scholarships is governed by NCAA Rules (See NCAA Manual Bylaw, Article 15).

Most athletic scholarships include an amount for purchasing books or required academic supplies. These funds are provided to be sure you can at least afford some if not all of your books.

Practice/Competition Regulations

NCAA rules limit the amount of time each day and each week that you can be asked to participate in practice, competition and other activities related to your sport, both in and out of season, while school is in session. These activities are referred to as Countable Athletically-Related Activities (CARA). Your coach is aware of and responsible to adhere to these limitations. If you have any questions concerning this, address the Office of the Associate Director of Athletics who is responsible for monitoring compliance in this area or have your team representative bring the issue to the Student Athlete Advisory Committee (SAAC).

Academic Policies

NCAA Eligibility Center

To play varsity sports as a freshman in NCAA Division I or II your initial eligibility to participate must be certified by the NCAA Eligibility Center. In Division II you must graduate from high school with a grade-point average of at least 2.2 GPA (on a 4.00 scale) in a core curriculum of at least 16 academic courses successfully completed during grades 9 through 12. Student-athletes must earn an SAT or ACT score matching your core-course GPA on the Division II sliding scale, which balances your test score and core-course GPA. If you have a low test score, you need a higher core-course GPA to be eligible. If you have a low core-course GPA, you need a higher test score to be eligible. It is your responsibility as a prospective student-athlete to make sure the Eligibility Center has the documentation it needs to certify you. You must have a completed and signed student-release form. Next, your official transcript must be mailed directly from every high school you have attended since ninth grade. Finally, your ACT or SAT scores must be sent directly from the testing agency. This should be done months prior to attending college due to the time factor in processing information.

Amateurism Clearinghouse Certification

Any student-athlete who attends an institution for the first time (as of fall 2007 and thereafter) must be certified as an amateur by the clearinghouse. This includes prospects transferring from
any two-year or four-year institutions (including foreign institutions) that are not members of Division I or II. If a prospect wishes to participate in athletics at a Division I or II institution, the prospect must register with the clearinghouse and submit the appropriate documentation to receive a certification decision.

The amateurism questions include five questions (along with five more sub-questions) relative to your athletics participation and any agreements you may have with an agent or professional team. Based on the information you provide, the clearinghouse will determine if you are still an amateur or if you have violated NCAA amateurism rules. According to the NCAA, the following may impact your amateur status:

- Signing a contract with a professional team.
- Playing with professionals for compensation.
- Participating in tryouts or practices with a professional team.
- Accepting payments or preferential benefits for playing sports.
- Accepting prize money above your expenses.
- Accepting payments from an agent or a prospective agent.
- Agreeing to be represented by an agent.
- Delaying your full-time college enrollment to play in organized sports competition.

**KU Academic Policies**

**Undergraduate Exception Committee:** This committee exists to consider exceptions to any academic policies. Approval forms can be obtained in the Registrar’s or Provost’s office. Ask your coach or faculty advisor for assistance.

**Earned New Credits and GPA Requirements**

Progress is measured for the academic year based on the student’s prior two semesters of enrollment. The total number of new credits a student is required to earn is determined by their enrollment on the last day of Drop/Add. A typical full-time undergraduate student must earn a minimum of 18 new credits per academic year. (Repeat of “D” grades or higher do not count.) Students may make up credits during the summer if they have not earned the required number of credits by the end of Spring. (There are a variety of private alternative loans available for courses taken at KU.)

Students who have entered their fifth semester and beyond must maintain an overall Grade Point Average (GPA) of at least a 2.00 and not be on Academic Warning or Probation in order to qualify for aid. The GPA is measured annually at the end of the academic year for the upcoming year.

**Academic Eligibility at KU**

For student-athletes to maintain continuing eligibility to compete, and thus maintain their athletic scholarships, they must pass a minimum of nine (9) credits. Earned in the last full-time term of enrollment. The student must have earned 18 credits during the regular academic year (not including summer), and must have a 2.0 cumulative GPA.

**Permission Process**

Permission to study at another college requires the student obtain a course description from that college/university and to fill out the appropriate paper work, in the Office of the Registrar. That office will then review the request and either allow or disallow the course. To transfer the credits to Kutztown University the student must secure a minimum grade of a C. Grades received at another Pennsylvania State System of Higher Education (PASSHE) university do not transfer, only the credits, unless a student applies and qualifies under this visiting student policy.

**Academic Good Standing**

Undergraduate students must meet the following minimum GPA requirements for continuing enrollment in good standing: A cumulative GPA of 2.00 or higher is required of all students by the end of their
second fulltime semester or at the completion of 24 semester hours for part-time students at Kutztown University. Students earning a GPA lower than 2.00 at the completion of their first semester will receive a LETTER OF NOTIFICATION indicating the student is not meeting university standards.

**Academic Warning**

Any full-time student falling below the 2.00 CGPA at the end of any fall or spring semester will be placed on academic warning. Part-time students will be evaluated every 12 credits and will receive an academic warning whenever this evaluation shows their CGPA to have fallen below 2.00. Only one semester of academic warning is allowed during a student’s academic career at Kutztown University. Academic warning in the spring is not effective if the student takes courses during the winter and attains a CGPA of 2.0. Academic warning in the fall is not effective if the student takes courses during the summer and attains a CGPA of 2.0. In an academic warning semester, the student:

- **Is required to see his/her faculty advisor and to use University Support Services, such as the Department of Academic Enrichment, to remediate academic difficulties.**
- **May lose eligibility to receive Financial Aid in the 5th semester or beyond.**
- **May register for no more than 15 credits for the subsequent semester. With permission of the Department Chair of the Student's program or the Department of Academic Enrichment, a student may register for more credits.**
- **Is prohibited from participating in any sporting organization activity or leadership position in student organizations.**

**Academic Probation**

Any student who falls below the 2.00 CGPA after one full-time semester of academic warning shall be placed on academic probation. The CGPA of a part-time student who has received an academic warning must be brought up to 2.00 or higher within 12 credits attempted or the student will be placed on academic probation. The University will notify the student, in writing, regarding the danger of dismissal. Only one semester of academic probation is allowed during a student’s academic career at Kutztown University. Academic probation in the spring is not effective if the student takes courses during the winter and attains a CGPA of 2.0. Academic probation in the fall is not effective if the student takes courses during the summer and attains a CGPA of 2.0. During the semester of academic probation the student:

- **Is not considered to be in good academic standing.**
- **Is prohibited from participating in any intercollegiate activities or leadership positions in student organizations.**
- **Is required to see his/her faculty advisor and to use University Support Services, such as the Department of Academic Enrichment, to remediate academic difficulties.**
- **May lose eligibility to receive Financial Aid in the 5th semester or beyond.**
- **May register for no more than 15 credits for the subsequent semester. With permission of the Department Chair of the student's program or the Department of Academic Enrichment, a student may register for more credits.**
TAKING CLASSES OFF CAMPUS
Students who intend to take classes at another college/university must follow the guidelines of the Kutztown University Office of the Registrar to ensure transfer credit.

NCAA ACADEMIC ELIGIBILITY
To be eligible to represent an institution in intercollegiate athletics, a student-athlete shall be enrolled in at least a minimum full-time program of studies (12 credits), be in good academic standing and maintain satisfactory progress toward a baccalaureate or equivalent degree. Satisfactory progress consists of passing a minimum of nine (9) credits per semester, 18 credits total per academic year, and maintaining a cumulative GPA of 2.0. Permission for a waiver of the minimum full-time enrollment requirement may be granted for a student enrolled in the final term of the baccalaureate program.* Also, a student may represent the institution while enrolled as a graduate or while enrolled and seeking a second baccalaureate degree.
*See NCAA Manual

GRADUATION REQUIREMENTS
In order to receive a degree from Kutztown University, a student must be able to meet the following requirements:
1. Presently, 120-128 credit hours must be completed with a 2.00 cumulative grade point average in all courses taken while at Kutztown University, as well as a 2.00 GPA in all courses in the major field. The GPA in the major field includes all courses with a prefix of the major and any other course required as an elective for the major.
2. All general education requirements must be fulfilled.
3. Students must complete half the minimum credit hours required in their major at KU. Courses completed must be at the advanced level. In order to comply with this regulation, a student may need to complete more than 120-128 credit hours for their degree.
4. Of the last 32 credit hours taken, 16 of them must be completed at KU.
5. Any additional requirements needed for a student’s degree such as student teaching, comprehensive examinations in the major, required internships, or student exhibitions/artwork must be completed.
6. All students who seek an Instruction I Certification must pass the PTCT examination. For further information, please contact the Dean, College of Education, (610) 683-4253.

APPLICATION FOR GRADUATION
Each student who plans to graduate at the end of the current semester must apply online through MyKU. Students who intend to participate in Commencement exercises must be within six credits OR one internship of the total number of credits required for their program of study.

GRADUATING WITH HONORS
Kutztown recognizes students’ scholastic achievement upon graduation by recording honors on the permanent records as well as the commencement program. The GPA’s necessary are as follows: 3.40 (cum laude), 3.60 with high honor (magna cum laude), 3.80 with highest honor (summa cum laude).
Transfer Policy

The Kutztown University Department of Athletics will require any active student-athlete who requests a transfer to another 4-year institution to sit for a full academic year of residence before becoming eligible to participate in a countable contest. This policy is in concert with NCAA By-Law 14.5.1, which states a student who transfers to a member institution from any collegiate institution is required to complete one full academic year of residence at the certifying institution before being eligible to compete for or to receive travel expenses from the member institution, unless the student satisfies the applicable transfer requirements or receives an exception or waiver as set forth in this by-law.

The Kutztown University Department of Athletics Policy further states that the use of the One-Time Transfer Exception is denied unless indicated otherwise.

The request to transfer must be done in writing or in person to the Director or Associate Director of Athletics.

The student-athlete and head coach will be required to complete the Transfer Release Request in order to make this request formal.

If the decision is to maintain the KU Transfer Policy, the student-athlete will have the right to an appeal and be granted a hearing opportunity.

Bylaw 14.02.14 – Academic Year of Residence  To satisfy an academic year of residence, a student shall: be enrolled in and complete a minimum full-time program of studies for two full semesters or three full quarters; or be enrolled in a minimum full-time program of studies for two semesters or three quarters and pass a number of hours (including hours earned at the certifying institution during a summer term) that is at least equal to the sum total of the minimum load of each of the required terms.

Bylaw 14.5.5.3.9.1 - Hearing Opportunity  If the student’s previous institution denies his or her written request for the release, the athletics director (or his or her designee) shall inform the student-athlete in writing, within 14 consecutive calendar days from receipt of a student-athlete’s written request, that he or she, on request, shall be provided a hearing conducted by an institutional entity or committee outside of the athletics department (e.g., the office of student affairs; office of the dean of students; or a committee composed of the faculty athletics representative, student-athletes and non-athletics faculty/staff members). The notification of the hearing opportunity shall include a copy of the institution’s policies and procedures for conducting the required hearing, including the deadline by which a student-athlete must request such a hearing. The institution shall conduct the hearing and provide written results of the hearing within 30 consecutive calendar days of receiving a student-athletes written request for the hearing. The student-athlete shall be provided the opportunity to actively participate (e.g., in person, via telephone) in the hearing. If the institution fails to conduct the hearing and provide written results of the hearing within 30 consecutive calendar days, the release shall be granted by default and the institution shall provide a written release to the student-athlete.
Behavioral Expectations Of Student Athletes

Your actions and those of your teammates and coaches are governed by the rules and policies of the University, the NCAA, the PSAC, and the rules of your sport. You are expected to report all acts of poor sportsmanship, suspected NCAA violations or unethical behavior at any athletic-related activity, home or away, to your coach, the Director of Athletics or the Faculty Athletic Representative.

**Student Athlete Code of Conduct**

As a requirement for participation, all student-athletes will be asked to agree to an Athletic Department Student-Athlete Code of Conduct. This document will address expectations and responsibilities associated with your participation as a student athlete at Kutztown University.

**Social Networking Policy (Internet based)**

Effective September 1, 2007, the Department of Athletics issued a conduct policy regarding Social Networking Web sites. These include, but are not limited to, Facebook, Twitter, Instagram, Snapchat, etc. You will be required to agree to a set of guidelines referring to the use of these networking vehicles.

**Sportsmanship**

Unsportsmanlike conduct, violence and lack of respect and civility, in a broad sense, represent an offense against civilized society and a deterioration of our status as a people. More specifically, such practices are contrary to the essence of a university, which is to foster education and reason. Good sportsmanship must be an integral part of every sport sponsored under the aegis of a university because it is part of the educational process. The ethical environment of a university must assert and reflect the primary of human dignity, must encourage growth and achievement and must insist on respect in all interpersonal relations.

**PSAC Policy on Sportsmanship and Ethical Behavior**

PREAMBLE: The PSAC is committed to developing sportsmanship and creating healthy environments for competition. We believe that part of the role of education through sports is to educate all participants in athletic contests to conduct themselves with civility, dignity and respect for opponents.

The PSAC policy has outlined the sportsmanship responsibilities for all those involved in athletic competition – the institution, PSAC Commissioner, Athletic Administrators, Coaches, Officials, Student-Athletes, Spirit Groups and Spectators. Specific procedures, disciplinary action and penalties are defined and must be followed for any violations of the defined policy. These policies have been created to minimize and eliminate unsportsmanlike and unethical behavior by participants in the PSAC. Your coach should inform you of the specific policies that relate to you and your sport.

**Hazing**

Act 175 of 1986 (The Anti-Hazing Law) of the Commonwealth of Pennsylvania prohibits students and student organizations from hazing for membership and from hazing persons who are already members to maintain their membership in organizations. Team initiations (hazing) almost always involves something illegal, humiliating and/or dangerous. Such activities are not always effective, are risky and a poor substitute for team-building strategies. No one other than the coach should establish standards or determine what it takes to be a part of the team. This policy applies to all athletic teams. Coaches of teams involved in or condoning these activities are subject to disciplinary personnel action, including suspension and dismissal.

Teams involved in these activities are also subject to discipline, including, but not limited to, cancellation of practice and/or competition for a period of time. More information on hazing as well as how to report a situation can be found on kutztown.edu/studentconduct.
Ethical Conduct & Prohibition Against Gambling

You must compete with honesty and sportsmanship at all times so that you represent the honor and dignity of fair play. [NCAA Bylaw 10.01.1]*

You are not eligible to compete if you knowingly: provide information to individuals involved in organized gambling activities concerning intercollegiate athletics competition; solicit a bet on any intercollegiate team; accept a bet on any team representing the institution or participate in any gambling activity that involves intercollegiate athletics through a bookmaker, a parlay card or any other method employed by organized gambling. [NCAA Bylaw 10.3]*

You are not eligible to compete if you knowingly participate in any gambling activity that involves intercollegiate athletics or professional athletics, through a bookmaker, parlay card or any other method employed by organized gambling. [NCAA Bylaw 10.3]* You are not eligible to compete if you have shown dishonesty in evading or violating NCAA regulations. [NCAA Bylaw 14.01.3.3]*

*See NCAA Manual

Athletic Agent Registration

As of March 28, 1998, all athletic agents doing business in Pennsylvania must now first register with the Pennsylvania State Athletic Commission. This registration is a requirement of the Athletic Agent Registration Act of 1998.

An athletic agent is defined as “a person who directly or indirectly recruits or solicits a person to enter into an agent contract or professional sports services contract or who procures, offers, promises or attempts to obtain employment for a person with a professional sports team or as a professional athlete.”

Any person being recruited to enter into any type of professional sports service contract, whether oral or written, has the right to ask the athletic agent to show his registration. Any person can also call the Pennsylvania State Athletic Commission (570-787-5720) to determine whether an athletic agent is currently registered. Also, any person doing business with an athletic agent has the right to file a complaint against the agent if he/she believes that the agent has committed a violation under this law. To file a complaint, call 1-877-868-2068.

Meal Money

Meal money is provided by the Student Government Association (SGA) and is limited to a specific amount (per diem) depending on the times that the team leaves and returns to campus. Coaches may provide you with an actual meal paid for by this money or may provide you with cash to purchase your own meal(s). In either case, coaches are responsible to submit receipts. Your signature constitutes a receipt if you are given cash. You should not sign for any money you have not received. If you have any concerns about this process, talk with your coach. If you are uncomfortable doing so, contact the Athletic Director.

Alcohol & Tobacco

The use of alcohol and tobacco products is strictly prohibited by Kutztown University student-athletes and staff while representing Kutztown University during all home and away contests. This covers all travel, door-to-door, including spring break trips and members of the team 21 years of age and older. Violations of this policy will result in disciplinary action by the Athletic Department or the University Judicial Services.
Career Development Center

The KU CDC is dedicated to the success of all students and alumni by providing comprehensive services and resources including:

**Major and Career Exploration**
- Career Counseling/Coaching
- Major and Career Information
- Decision-Making Assistance
- Career and Personality Assessments
- Externship/Job Shadowing Assistance
- Employer Panels and Networking Sessions

**Internship and Job Search**
- Resume and Cover Letter Writing and Review Service
- Interviewing Skill Development
- Mock (Practice) Interview Program
- On-Campus Interviewing Program
- Internship and Job Search Strategies
- KU Career Network (internship & job postings, employers, events)
- Internship and Job Fairs

**Graduate School Preparation**
- Graduate School Planning
- Graduate School Fair
- Practice Tests for GRE, GMAT, LSAT & MCAT
- Personal Statement Review Service

**Workplace Preparation**
- Workplace Etiquette
- Dining Etiquette
- HR & Benefits (Day One on the Job)
- Managing Finances/Saving & Investing

Dedicated Staff • Career Library • Resourceful Website
Major Discovery Series • Guidebook Series

610.683.4067  careerhelp@kutztown.edu  www.kutztown.edu/careercenter
Office Hours: M-F 8-4:30 (Quick Question/Walk-In Hours: 2-4)
The missing pieces...
2 free professional development programs

Career Exploration Certificate for Freshmen & Sophomores

Career Success Certificate for Juniors & Seniors

to YOUR success!

Become a stronger, more confident & successful student.... and future employee by participating in two specially designed FREE professional development certificates.

CAREER EXPLORATION CERTIFICATE
Freshman & Sophomore

- Choose a Major/Research Careers
- Learn through Informational Interviews & Job Shadowing
- Plan for a successful internship and/or related experience

CAREER SUCCESS CERTIFICATE
Junior & Senior

- Learn how to search for internships and jobs
- Perfect interviewing skills
- Begin graduate school search
- Be better prepared for professional employment

FAST TRACK YOUR SUCCESS
Discover Your Brand - Build Your Resume - Impress Employers

Career Development Center- Kutztown University
119 Stratton Admin Center
www.kutztown.edu/careercenter
610-683-4067

@KUCareerCenter
Kutztown University does not tolerate the use of any drugs. The following is an excerpt from the NCAA regarding banned substances.

2019-20 NCAA Banned Drugs

It is your responsibility to check with the appropriate or designated athletics staff before using any substance.

The NCAA bans the following drug classes.

a. Stimulants
b. Anabolic agents
c. Alcohol and beta blockers (banned for rifle only)
d. Diuretics and masking agents
e. Narcotics
f. Cannabinoids
g. Peptide hormones, growth factors, related substances and mimetics
h. Hormone and metabolic modulators (anti-estrogens)
i. Beta-2 agonists

Note: Any substance chemically/pharmacologically related to all classes listed above and with no current approval by any governmental regulatory health authority for human therapeutic use (e.g., drugs under pre-clinical or clinical development or discontinued, designer drugs, substances approved only for veterinary use) is also banned. The institution and the student-athlete shall be held accountable for all drugs within the banned-drug class regardless of whether they have been specifically identified. Examples of substances under each class can be found at www.ncaa.org/drugtesting. There is no complete list of banned substances.

Substances and Methods Subject to Restrictions:

- Blood and gene doping.
- Local anesthetics (permitted under some conditions).
- Manipulation of urine samples.
- Beta-2 agonists (permitted only by inhalation with prescription).
- Tampering of urine samples.
NCAA Nutritional/Dietary Supplements:

Warning: Before consuming any nutritional/dietary supplement product, review the product and its label with your athletics department staff!

- Nutritional/Dietary supplements, including vitamins and minerals, are not well regulated and may cause a positive drug test.
- Student-athletes have tested positive and lost their eligibility using nutritional/dietary supplements.
- Many nutritional/dietary supplements are contaminated with banned substances not listed on the label.
- Any product containing a nutritional/dietary supplement ingredient is taken at your own risk. Athletics department staff should provide guidance to student-athletes about supplement use, including a directive to have any product checked by qualified staff members before consuming. The NCAA subscribes only to Drug Free Sport AXIS™ for authoritative review of label ingredients in medications and nutritional/dietary supplements. Contact the Drug Free Sport AXIS at 877-202-0769 or www.dfsaxis.com (password ncaa1, ncaa2 or ncaa3).

Some Examples of Substances in Each NCAA Banned Drug Class.

THERE IS NO COMPLETE LIST OF BANNED SUBSTANCES. DO NOT RELY ON THIS LIST TO RULE OUT ANY LABEL INGREDIENT.

Stimulants:

- amphetamine (Adderall); caffeine (guarana); cocaine; ephedrine; methamphetamine; methylphenidate (Ritalin); synephrine (bitter orange); dimethylamylamine (DMAA, methylhexanamine); “bath salts” (mephedrone); Octopamine; hordenine; dimethylbutylamine (DMBA, AMP, 4-amino methylpentane citrate); phenethylamines (PEAs); dimethylhexylamine (DMHA, Octodrine); heptaminol etc.
- exceptions: phenylephrine and pseudoephedrine are not banned.

Anabolic Agents (sometimes listed as a chemical formula, such as 3,6,17-androstenetriene):

- Androstenedione; boldenone; clenbuterol; DHEA (7-Keto); epi-trenbolone; testosterone; etiocholanolone; methasterone; methandienone; nandrolone; norandrostenedione; stanzolol; stenbolone; trenbolone; SARMS (ostarine, ligandrol, LGD-4033, S-23, RAD140)); DHCMT (oral turanabol) etc.
Alcohol and Beta Blockers (banned for rifle only):
    alcohol; atenolol; metoprolol; nadolol; pindolol; propranolol; timolol; etc.

Diuretics and Masking Agents:
    bumetanide; chlorothiazide; furosemide; hydrochlorothiazide; probenecid;
    spironolactone (canrenone); triameterene; trichlormethiazide; etc.
    exceptions: finasteride is not banned

Narcotics:
    Buprenorphine; dextromoramide; diamorphine (heroin); fentanyl, and its derivatives;
    hydrocodone; hydromorphone; methadone; morphine; nicomorphine; oxycodone;
    oxymorphone; pentazocine; pethidine

Cannabinoids:
    marijuana; tetrahydrocannabinol (THC); synthetic cannabinoids (e.g., spice, K2, JWH-018, JWH-073)

Peptide Hormones, growth factors, related substances and mimetics
    growth hormone(hGH); human chorionic gonadotropin (hCG); erythropoietin (EPO);
    IGF-1 (colostrum, deer antler velvet); etc.
    exceptions: insulin, Synthroid are not banned

Hormone and metabolic modulators (anti-estrogens):
    anastrozole; tamoxifen; formestane; ATD, SERMS (clomiphene, nolvadex); Arimidex;
    clomid; evista; fulvestrant; aromatase inhibitors (Androstri-3,5-dien-7,17-dione), letrozole;
    etc.

Beta-2 Agonists:
    bambuterol; formoterol; salbutamol; salmeterol; higenamine; norcocaurine; etc.

Any substance that is chemically related to one of the above classes, even if it is not listed as an example, is also banned!

Information about ingredients in medications and nutritional/dietary supplements can be obtained by contacting Drug Free Sport AXIS, 877-202-0769 or www.dfsaxis.com password ncaa1, ncaa2 or ncaa3.

It is your responsibility to check with the appropriate or designated athletics staff before using any substance.
Some Examples of NCAA Banned Substances in Each Drug Class.

THERE IS NO COMPLETE LIST OF BANNED SUBSTANCES.
Do not rely on this list to rule out any label ingredient.

Stimulants:
amphetamine (Adderall); caffeine (guarana); cocaine; ephedrine; methamphetamine;
methylenediphenylmethane (Ritalin); synephrine (bitter orange); dimethylamylamine (DMAA,
methylethylhexamine); “bath salts” (methedrone); Octopamine; hordenine; dimethylbutylamine
(DMBA, AMP, 4-amino methylpentane citrate); phenethylamines (PEAs);
dimethylhexylamine (DMHA, Octodrine); heptaminol; etc.
exceptions: phenylephrine and pseudoephedrine are not banned.

Anabolic Agents (sometimes listed as a chemical formula, such as 3,6,17-androsteneetrione):
Androstenedione; boldenone; clenbuterol; DHEA (7-Keto); epi-trenbolone; testosterone;
etiocholanolone; methasterone; methandienone; nandrolone; norandrotenedione; stanozolol;
stenbolone; trenbolone; SARMs (ostarine, ligandrol, LGD-4033, S-23, RAD140); clostebol;
DHCMT; etc.

Alcohol and Beta Blockers (banned for rifle only):
alcohol; atenolol; metoprolol; nadolol; pindolol; propranolol; timolol; etc.

Diuretics (water pills) and Other Masking Agents:
bumetanide; chlorothiazide; furosemide; hydrochlorothiazide; probenecid; spironolactone
(canrenone); triamterene; trichlormethiazide; etc.
exceptions: finasteride is not banned.

Illicit Drugs:
heroin; marijuana; tetrahydrocannabinol (THC); synthetic cannabinoids (e.g., spice, K2,
JWH-018, JWH-073).

Peptide Hormones and Analogues:
growth hormone (hGH); human chorionic gonadotropin (hCG); erythropoietin (EPO);
IGF-1 (culostrum, deer antler velvet); etc.
exceptions: insulin, Synthroid are not banned.

Anti-Estrogens :
anastrozole; tamoxifen; formestane; ATD, clomiphene; SERMS (nolvadex); Arimidex;
clonid; evista; fulvestrant; aromatase inhibitors (Androstan-3,5-dien-7,17-dione), letrozole; etc.

Beta-2 Agonists:
bambuterol; formoterol; salbutamol; salmeterol; higenamine; norcocaurine; etc.

Any substance that is chemically related to one of the above classes,
even if it is not listed as an example, is also banned!

Information about ingredients in medications and nutritional/dietary supplements can
be obtained by contacting Drug Free Sport AXIS8, 877-202-0769 or
www.dfsaxis.com password ncaa1, ncaa2 or ncaa3.

It is your responsibility to check with the appropriate or designated
athletics staff before using any substance.
ACADEMIC SUPPORT

ATHLETICS & ACADEMICS AT KU

Many intercollegiate athletic programs profess to have made the academic success of their student-athletes a high priority. Few have developed and implemented a program comparable to KU’s Academic Success Initiative. This initiative provides the appropriate support, incentive and opportunity for students to make a similar effort toward their academic success and their athletic performance. The Initiative is based on the expectation that both individual and team academic performance will be at or above the level of the overall student body. This expectation is built into the evaluation of coaches and is an integral part of the process of awarding athletic scholarships. KU provides athletic scholarships to support the academic pursuits of student-athletes. The students are expected to participate in sports because they love to do so. Continuing indications reveal that the Initiative works and is having a profound and measurable effect on both academic and athletic performance. In 2018-2019 Fall semester, KU had 140 student-athletes that earned Dean's List, the most for the department in the last five years.

The KU Academic Success Initiative contains the following components:

- **Professional Development Workshops for Coaches**
- **Personal Computer -** Each student-athlete is strongly encouraged to have access to a networked personal computer.
- **Library Tour -** A library tour is highly recommended of all incoming student-athletes.
- **Career Services Visit for Undeclared Majors -** Incoming students who have not yet declared a major or who may be unsure of their chosen major are highly encouraged to visit the Career Services Office.
- **Academic Coaching -** This year-long program is based on one-on-one personal contacts between the coach and the student-athlete.
- **Referrals for Services from the Counseling and Advisement Center -** Trained counselors/faculty advisors are available to help with psychological/academic counseling/advisement issues.
- **Dedicated Advisor for undeclared Student-Athletes**

ACADEMIC SUPPORT

The Kutztown University Athletic Department realizes the importance of academic success and is driven to help student-athletes attain this success. Student-athletes are encouraged to discuss with their coach any issues or problems that may keep them from achieving success. It is important to seek help at the first signs of needing help instead of waiting until the last week of the semester.

PRESEASON ACADEMIC SEMINARS

During the preseason camps and/or the first week of classes, athletes may participate in seminars addressing topics such as time management, study skills, class participation, student/faculty relationships, and test taking strategies.

MONITORING OF PROGRESS

The academic progress of student-athletes is continually tracked and monitored. Weekly or bi-weekly meetings with your coach can be arranged.
Tutoring Center
Tutors and specialty labs are available free of charge to any student-athlete.

Student/Faculty Relations
Interactions with the faculty are continuously encouraged and recommended. The Athletic Department believes this is an essential part of the student-athletes’ college experience and it is often seen as a major factor in their academic success.

Advising
Once a student-athlete has declared a major course of study, you will be assigned a faculty advisor by that department. It is your responsibility to arrange meeting time with your advisor prior to selecting your courses and registering for the following semester. If you have yet to declare a major, the Academic Advisor for Undeclared Student-Athletes will assist you in your course selection process. Academic Enrichment Professor Dr. Thomas Stewart fills this role and he can be located in the Rohrbach Library Room 27 or contacted at 3-4750. As a reminder, according to NCAA policy you must declare a major course of study prior to the beginning of your fifth semester of enrollment.

Course Selection & Registration
The start of registration begins with signing up for an appointment with your assigned advisor(s). The advisement period begins a couple weeks before registration appointments begin. It is very important to sign up for your advisement appointment as early as possible in order to take advantage of early registration for student-athletes. You will not be able to register if you have not met with your advisor.

Registration is done online through MyKu. Students will be assigned a specific date and time when they are allowed to begin registering for courses. Student-athletes will be provided a date earlier than the rest of the campus student population. The purpose of this is to allow student-athletes to create a schedule that is free (or minimal) of conflict with practice and/or competition dates/times.

Any course you could not get into during the normal registration period, you can attempt to get during Drop and Add. Drop and Add occurs during the first week of each semester and is also done online.

You can go online at any time to view your schedule, review your grades, view your transcript, check financial aid, view payments and charges and view restrictions on your account.
UNIVERSITY REQUIRED MEDICAL FORMS

All athletes must complete online required medical forms for Health & Wellness Services. Health & Wellness Services notifies students by postcard and university email to do the following:

- Visit [http://www.kutztown.edu/HealthandWellness](http://www.kutztown.edu/HealthandWellness)
- Click on “REQUIRED MEDICAL FORMS” button
- Select the option that applies to you
- Click on “REQUIRED MEDICAL FORMS” button
- Log in
- Click on FORMS

No students will be allowed to participate in any university athletic activity until this information has been recorded as complete by Health Administrative Services. Submission of the required medical forms is completed only once unless there is a break in university attendance. Questions concerning the website or the forms should be directed to Health Administrative Services at 610-683-4082, or the Office of Sports Medicine at 610-683-4085, ext. 2.

REQUIRED ATHLETIC RELATED MEDICAL FORMS

Prospective student-athletes must complete and submit the following Athletic Related Medical forms prior to being cleared for any sport related physical activity: Athletic Medical History, Athletic Physical (completed by family MD, DO or CRNP (Nurse Practitioner) only), Mental Health Screening (completed by family MD, DO or other appropriate HealthCare professional), Medical Consent/Release, Letter of Responsibility, Medical Disclosure, Insurance Information, Injury/Illness Acknowledgement form, Sickle Cell Trait form.

Instructions are available on our website for our new prospective student-athletes.

Returning student-athletes must complete and submit the following: Mental Health Screening (completed by family MD, DO or other appropriate HealthCare professional), Medical Consent/Release, Letter of Responsibility, Medical Disclosure, Insurance Information, Injury/Illness Acknowledgement form, Sickle Cell Trait form.

Incomplete forms or missing information will delay your eligibility for team participation. These forms are due by July 15th.

ATHLETIC PHYSICAL EXAMINATION

All NEW student-athletes must have an athletic physical examination before they participate in any University related athletic activity. Returning S-A medical history are reviewed to determine whether an exam is required each subsequent year. Examinations are conducted at the Prospective student-athletes expense prior to coming to campus.

ATHLETIC INSURANCE

Prospective student-athletes MUST have a completed Athletic Insurance Information form on file with the Office of Sports Medicine prior to any participation in team activities. Each student-athlete is responsible for updating their personal health insurance information should it change. Failure to do so will result in the student incurring any unnecessary medical costs should the incorrect procedures be followed. Refer to the Athletic Injury, Illness and Medical Care Procedures document for detailed coverage information.
STUDENT-ATHLETES MUST CARRY THEIR OWN PERSONAL HEALTH INSURANCE AS A REQUIREMENT FOR PARTICIPATION.

REPORTING INJURIES

The student-athlete is responsible to report to the Certified Athletic Trainers all injuries and illnesses as soon as possible. The sports medicine staff will make all of the necessary medical referrals as indicated. In the event of an emergency due to an athletic injury or illness, the athlete will be transported to a pre-arranged hospital or medical facility. The athlete should at NO time seek “outside medical” attention for an athletic related injury or illness without the prior written authorization from a Faculty Athletic Trainer and/or from the Health and Wellness Center staff, unless an injury results in a medical emergency.

MEDICAL ILLNESS

The University’s Clinical Services is open Monday - Friday, 8 a.m. – 6:00 p.m., during the Fall and Spring semesters. Services are closed on Fridays from noon - 2:00 pm for staff development. Clinical services is an ambulatory care facility. Students may be seen on a walk-in basis but appointments are strongly encouraged. Appointments can be scheduled by contacting the receptionist at (610) 683-4082. Emergencies will be seen immediately. Students can walk in at any time to use the self-care unit. Athletes who are feeling ill are encouraged to receive care from an RN and to take advantage of these facilities as early as possible to avoid any increase in symptoms which may prevent them from performing at their best in a practice or game. Athletes can be referred to a physician by the nursing staff or a certified athletic trainer, as needed. In case of a non-athletic illness, students may choose to be seen by their family doctors rather than the Clinical Services physicians. If this is the case, the student MUST obtain a referral form from Clinical Services to be completed by the physician after treatment. The final decision as to whether a student-athlete may participate in any varsity sport activity rests with the University’s team physician.

REFERRALS TO OFF-CAMPUS PHYSICIANS OR MEDICAL SPECIALIST

All student-athlete ‘off-campus’ medical referrals MUST have prior written authorization from a member of Sports Medicine Services or Clinical Services Staff. The appropriate referral forms MUST be completed by the Health Care Provider and returned to the Sports Medicine Office for review before clearance for participation will be given. In the case of a Managed Care Insurance policy (HMO/PPO), the student-athlete will also be required to follow their primary insurance policy’s specific referral procedures. All medical tests, treatments and/or procedures rendered by Off-Campus Physician(s) or Medical Specialist(s), other than those approved and performed during the initial visit, MUST again have prior written approval by the University's Team Physician and/or Faculty Athletic Trainer. All surgical treatments by Non-KU affiliated Physician(s) MUST have prior written approval by the University Team Physician and/or Faculty Athletic Trainer.

KUSSI and the Athletic Department shall not be responsible for any charges incurred due to examinations, tests, treatments and/or surgeries by physicians, consultants, and/or hospitals if these procedures are not followed.
COACHING EVALUATIONS & SENIOR EXIT SURVEYS

The Athletic Department, and the union representing coaches, feel that input from student-athletes should be an integral part of the evaluation process for all coaches. An approved evaluation form will be completed by the student-athletes within a limited window of time around the conclusion of the competitive season. Coaches will be evaluated by the student-athletes in a variety of areas and students will have an opportunity to make anonymous comments. A coach not associated with your sport will conduct this evaluation session, and your coach shall not be present during the evaluation. All the head coaches will be evaluated and assistants may be evaluated. Compiled results and a summary of comments from the student evaluations will be shared with the coach during his/her yearly evaluation meeting with the Athletic Director. Along with coaching evaluations, student-athletes will also be asked to complete a senior exit survey so we as a department can learn about your overall experience here at the university. Student-athletes are also encouraged to address concerns directly with the Athletic Director, Associate Athletic Director, or the Faculty Athletic Representative (FAR).

Greg Bamberger  
Athletic Director  
gbamberg@kutztown.edu  
(610) 683-4094

Michelle Gober  
Associate Athletic Director  
gober@kutztown.edu  
(610) 683-4096

Jason Lanter  
Faculty Athletic Representative  
lanter@kutztown.edu  
(610) 683-4458

EQUIPMENT POLICIES

HOURS OF OPERATION ARE POSTED OUTSIDE THE EQUIPMENT ROOM LOCATED AT 127 KEYSTONE HALL.

Issue and Collection of athletic uniforms and equipment: Each item that is issued to the student-athlete will be distinctly marked. In some cases, this distinguishing mark maybe the locker number, in others, the game/jersey number. The identifying mark is kept on record, and the student-athlete to whom the item is issued will be responsible for it. Game uniforms should not leave the facility unless traveling to and returning from an away competition site. These pieces will be issued and returned on a game-by-game basis and at the conclusion of the program’s traditional season. General issue will be returned at the designated time. All uniforms must be washed by the Kutztown Equipment Staff, if you wash the item on your own, you will be charged for any damage to the uniform.

Maintenance of athletic uniforms/equipment: Laundry service is provided for general/sport-specific items on a daily basis. It is enforced that this service is used and used properly. Each student-athlete will turn in general issue items for laundry purposes daily, following the conclusion of the training or practice session and prior to leaving the athletic facility. These items will be collected, laundered and returned to the individual’s assigned locker prior to the next training session. Similarly, game uniform pieces will be turned in upon the conclusion of the contest and prior to leaving the facility. Following an away contest, turn-in will be completed upon the team’s return to campus. If the team’s return to campus is later than midnight, uniforms must be turned in by noon the next day. If you do not return with the team, have a responsible team member turn in for you. Once the game pieces are collected, they will be inventoried. Any missing items will be reported to the head coach immediately. All items turned in to be washed will be available the next day after 3 p.m. No personal clothing should be turned in. Accountability of athletic uniforms/equipment: All issued items remain the property of Kutztown University.
Kutztown University Athletics

They are not yours to keep and you will be held accountable and responsible for the all the items issued. The student-athlete will be assessed a replacement cost for items that are lost or damaged due to neglect or not returned at the end of the season. If you leave the team for any reason, it is your responsibility to return what was issued. Alterations or a modification to any item is strictly prohibited unless prior approval is granted by the HEAD EQUIPMENT MANAGER. New items will be issued on an exchange basis only, if the equipment becomes unserviceable. Any items that are lost/stolen may be replaced at a cost. At the conclusion of your season, you will have a set date to return all of your equipment. Any equipment not turned in by that date will be billed to the student-athlete. Any athlete, who fails to return their missing equipment or pay for a replacement, will be ineligible to receive any equipment, clothing or uniforms from the equipment room until the items are returned or paid for.

If a problem arises during the year, please call, email or meet with one of the equipment managers.

EQUIPMENT STAFF:

Scott Senna
Athletic Equipment Manager
610-683-4093
senna@kutztown.edu

Jake Long
Assistant Athletic Equipment Manager
610-683-4093
jlong@kutztown.edu

SPORTS INFORMATION

Functions
The sports information office is responsible for the publicity and promotion of Kutztown University’s 21 NCAA Division II intercollegiate sports. The primary functions of the sports information office are:
• Media Relations - This function includes, but is not limited to, producing and disseminating general and hometown press releases; hosting newspaper, television and radio reporters at campus events; reporting event results to primary media outlets; and responding to media requests for information on KU’s varsity teams.
• Publication Production - Sports Information writes, designs and edits most athletic publications including game programs, recruiting brochures, schedule cards, advertising/promotions material, the student-athlete handbook and maintains the KU Athletics Web site.
• Maintenance of Statistical Files - Sports Information maintains cumulative statistics on all sports. The department maintains in-game statistics at home events for those sports that have NCAA statistics and require stat crews (football, volleyball, and basketball). In-game stats for all other sports are maintained by designated athletic/team personnel and reported to sports information. Sports information also submits statistical reports to the PSAC and NCAA. Student-athletes should report statistical discrepancies to their respective head coach.
• Event Planning - The department plays a major role in the planning and implementation of the Student-Athlete Banquet, the Hall of Fame Banquet, on-campus championship events and press luncheons.

Location
The KU sports information office is a part of the Division of University Relations and is located in the University Relations Office in Room 303 of the Education House. The sports information staff is usually available Monday-Friday from 10 a.m. - 8:00 p.m. Sports information can be reached by phone at (610) 683-4182 or e-mail at athletics@kutztown.edu.
The KU sports information staff is headed by Matt Heffelfinger, Sports Information Director. Heffelfinger is entering his first year at Kutztown in 2019. He previously worked at Elizabethtown College as the Director of Athletic Communications for more than eight years. During his time at Elizabethtown, he promoted and publicized the Blue Jays’ 24 varsity athletics teams on Elizabethtown’s official website and various social media outlets.

WORLD WIDE WEB
Fans around the world can get daily in-depth information on KU teams online. Sports information maintains the majority of the KU Athletics Website. During the academic year, the Web site averages more than 50,000 visits per month. The Web site features the athlete of the week, daily updates, rosters, statistics, schedules and homepages for each sport. The address for the KU Athletics Website is http://www.kubears.com

E-MAIL LISTS
The sports information department distributes press releases to more than 700 fans, alumni, students, KU student-athletes and media on a regular basis. Student-athletes’ Kutztown email addresses are automatically included on the email lists by being on an active squad list. Additionally, the athletic department uses the automated lists to keep student-athletes informed of any upcoming events or announcements.

We encourage all student-athletes to check their KU e-mail address regularly. If you do not receive the e-mails, please contact the sports information office at heffelfi@kutztown.edu.

NEWSPAPERS
All KU scores and highlights are reported to the two papers that cover the University on a regular basis: the Allentown Morning Call and the Reading Eagle. Most scores are reported to the Philadelphia Inquirer. The Associated Press carries football and basketball scores to outlets throughout the world.

Each week during the season, the sports information office distributes press releases on the positive accomplishments of KU athletes to various hometown media. Portions of many of the press releases placement are printed in the sports sections. Others result in more in-depth articles. Copies of articles from the Reading Eagle and the Allentown Morning Call are kept on file in the sports information office.

STUDENT ATHLETES AND THE MEDIA
When dealing with the media, all athletes should bear in mind that they are not only representing themselves, but their team and the University. Proper discretion should be used in all cases—including interviews with campus media such as the Keystone, KUR and KUTV. All requests for interviews with student-athletes should come through the sports information office. A sports information or coaching staff member will attempt to contact the student-athlete when an interview is requested by a member of the media. If a student-athlete is contacted by a member of the media directly, the student-athlete should use proper discretion or delay the interview until talking with a member of the coaching or sports information staff. Interviews are NEVER to be conducted during student-athlete class time. The sports information office can help student-athletes prepare for media interviews.